



Wellness Manager Monthly™

Your Job Just Got Easier

Turnkey wellness resources, education and activities to start or boost your program.

It's affordable, easy to use, flexible and complete.

Wellness Manager Monthly™ is an incredible digital resource that provides a complete, monthly themed well-being communication campaign and activities. It's great for groups on a budget, as well as those with robust programs. Each product can be distributed electronically, in print, or both. It makes your work much easier by providing high quality wellness products for your employees.

Monthly Products Include:

- Monthly Health Observances
- Wellness Newsletter
- Handouts / Flyers
- Well-Being Slides
- Wellness Activities
- Wellness Activity Posters
- Fuel Up with Fruit
- Coach's Corner
- Health Video