



# United Teachers of New Orleans

Health & Welfare Fund, New Orleans, Louisiana

## *Health at Home*<sup>®</sup> Research Study

**Evaluation Time Period – 12 months**  
**N = 130**

### **COST EFFECTIVENESS RESULTS:**

- 40% of employees avoided 1 or more doctor visits. This amounted to a reduction of 41 doctor visits and produced a savings of \$2,255 (based on an average visit cost of \$55.)
- 26% of employees avoided 1 or more E.R. visits. This amounted to a reduction of 26 E.R. visits and produced a savings of \$9,360 (based on an average visit cost of \$360.)
- 24% of employees avoided an absence from work totaling 32 days.
- Total savings was \$11,615 or \$89.35 per employee.
- The ROI was 16.7:1.

### **OTHER RESULTS:**

- 33% used Health at Home<sup>®</sup> one or more times within the first 6 months.
- 53% plan to use Health at Home<sup>®</sup> in the next 6 months.
- 55% think Health at Home<sup>®</sup> improves the quality of care they give themselves at home.
- 47% used Health at Home<sup>®</sup> before contacting their physician about a health issue.
- 43% stated Health at Home<sup>®</sup> helped them decide when to see a doctor.
- 52% thought Health at Home<sup>®</sup> improved the quality of care they received from a health care professional.
- 45% felt Health at Home<sup>®</sup> saved them money on medical or health care during the last six months.
- 49% thought Health at Home<sup>®</sup> would save them money on health care in the next six months.
- 49% thought Health at Home<sup>®</sup> positively affected their health and/or the health of their family.
- 29% stated Health at Home<sup>®</sup> was used by other family members.
- 70% think Health at Home<sup>®</sup> is a source of good health care advice.
- 71% cited Health at Home<sup>®</sup> as being a valuable employee benefit.
- 65% found Health at Home<sup>®</sup> to be easy to understand.