



Rice Management, Inc.

Platteville, WI

Health at Home[®] Research Study

Evaluation Time Period – 6 months
N = 182

COST EFFECTIVENESS RESULTS:

- 10% of employees avoided one or more doctor visits. This amounted to a reduction of 26 doctor visits and produced a savings of \$5,356 (based on an average visit cost of \$206)
- 5 survey respondents avoided one or more ER visits. This amounted to a reduction of 9 ER visits and produced a savings of \$7,092 (based on an average visit cost of \$788)
- 14% of employees avoided an absence from work, totaling 4 days.

Total savings was \$12,448 or \$68.40 per employee

The ROI was 10.52:1

OTHER RESULTS:

- 53% used Health at Home one or more times in the first 6 months.
- 66% plan to use Health at Home in the next 6 months.
- 53% think Health at Home improves the quality of care they give themselves at home.
- 36% used Health at Home before contacting their physician about a health issue.
- 23% felt Health at Home improved the quality of care they received from a health care professional.
- 23% stated Health at Home was used by other family members.
- 81% found Health at Home to be easy to understand.
- 23% thought Health at Home saved them money on medical or health care during the last six months.
- 38% thought Health at Home would save them money on health care in the next six months.
- 48% thought Health at Home positively affected their health and/or the health of their family.
- 81% think Health at Home is a source of good health advice.
- 71% cited Health at Home as being a valuable employee benefit.

GENERAL COMMENTS

- "I like having a book to refer to. It's always positive to read and learn."
- "Helpful with questions, quick to check routine concerns."
- "Very good book – answers a lot of questions before you go ahead and contact a doctor or nurse practitioner."
- "Good resource to have at hand."
- "Easy to read and understand. Common sense, easy home remedies."
- "Excellent book."
- "Helps me out because I am going into nursing."