

Bonding for a Beautiful Smile



Bonding can correct certain dental problems effectively and inexpensively. By bonding plastic or porcelain to the tooth, a dentist can:

- Cover discoloration.
- Close small gaps between teeth.
- Repair fractured and chipped teeth.
- Protect exposed roots caused by receding gums.
- Seal out decay-causing bacteria on back teeth.

If you've had your teeth bonded, take these steps to prevent chips, stains, or other problems.

- Don't chew ice or bite down on hard foods or candy.
- Avoid smoking, drinking coffee or tea, or eating blueberries or other foods that easily stain.
- Have the bonded teeth checked every three to five years. They may need to be touched up or done over.