

Facts and Fallacies about Vasectomies



Sterilization is the ultimate method of birth control. Vasectomies are safe and can be performed in about 30 minutes under local anesthesia. (The procedure involves surgical removal of part of the vas deferens or sperm duct.) You don't even have to go to the hospital.

Some common misconceptions make many men reluctant to consider a vasectomy. Having a vasectomy does not lower your sex drive, leave you impotent, or cause hardening of the arteries. And a vasectomy won't reduce pleasurable sensations during sex.

If you're considering a vasectomy:

- Consult a urologist who specializes in genitourinary surgery.
- Make sure all your questions are answered satisfactorily.
- Think the matter over carefully before you take action.