This home fix can save your life

It's odorless, colorless, and causes lung cancer. You could be breathing it every day and not know it. It's radon, and it's a major health threat in nearly all areas of the country.

What is radon?

Radon is a naturally occurring gas that is found in soil. It makes its way into buildings through cracks, joints, and gaps in the basement or foundation. Once inside, it can build up and result in dangerously high levels. High levels of radon can cause lung cancer. The Surgeon General has warned that radon is the second leading cause of lung cancer in the U.S. today. Only smoking causes more deaths from lung cancer.

The CDC estimates that more than 20,000 people die every year from lung cancer caused by radon. Even people who have never smoked can get lung cancer from radon. But, if you smoke, your chance of lung cancer is even higher.

How do I get rid of radon?

There is an effective way to get radon out of your house and keep it from coming back. A radon mitigation system involves putting a special pipe device in your basement. The pipe has a fan inside that blows the radon back outside.

Every state has radon removal companies who can install these systems. The Environmental Protection Agency says you should use a company that is accredited by the National Radon Safety Board or the National Radon Proficiency Program.

Radon is one health problem no one should live with. Get a radon testing kit today. Your health and life are worth it.

Take action against radon

Well-Being Tips

To order a radon test kit, call: 1-800-SOS-RADON (1-800-767-7236)

For answers to radon questions, call: 1-800-55-RADON (557-2366)

For questions about fixing radon levels in your house, call: 1-800-644-6999.

How do I know if my house has radon?

The only way to detect radon in your house is through a radon test. Many hardware stores carry these tests, or you can get a test through your state's radon office. Follow the instructions exactly as listed on the test. The tests are not expensive and are easy to use. Usually you need to leave the test in your house for a set amount of time. Then, you'll follow instructions to mail it to a lab to get your results.

No level of radon is safe. But, if your test shows a level of 4 or higher, you need to fix your house.

