



Take mowing seriously

More than 37,000 Americans are injured by power lawn mowers each year. Even a minor cut can become a problem if it gets infected. And, it's possible to get severe injuries and even lose a toe if proper safety steps aren't followed. Avoid getting hurt with these tips:

- Don't mow when the grass is wet. Wet grass can be very slippery, leading to falls and injuries.
- Never mow barefoot. Wear heavy shoes or work boots when mowing.
- Don't mow up and down hills. Mow them side to side to keep control of the mower.
- Keep children and pets away from running lawn mowers.
- Use a mower that turns off when you let go of the handle. Never pull the mower backward while it's running.
- Keep the clippings bag attached to prevent injuries from flying sticks and other debris.

Source: American College of Foot and Ankle Surgeons