

In Case of Accidental Poisoning, Act Fast



To prevent accidental poisoning:

- Always read warning labels on pesticides, household cleaners, and other products that could be poisonous. Follow instructions for use and storage.
- Crush unused medications and mix them with water. Mix this with used coffee grounds or kitty litter. Put this in the garbage in a sealed plastic bag.
- Have the phone number of your local poison control center and National Poison Control Center (1.800.222.1222) posted near the telephone. It's also a good idea to post the numbers of the nearest hospital emergency room, ambulance service, and your physician.

If your child accidentally swallows or inhales poison, or spills poison on the skin or eyes, don't panic. Instead:

- Call the Poison Control Center at 1.800.222.1222 (or hospital or physician). Explain the problem and identify the cause.
- Remain calm and quickly follow the instructions you're given. Often, accidental poisonings can be handled at home.