

Men's Health Checkup Record

Use this page to record test dates and results.

Screening Test	Date of Test & Results	Date of Test & Results
Physical Exam / Checkup		
For Heart Health & Stroke Prevention		
Blood Pressure		
Total Cholesterol		
HDL (good) Cholesterol		
LDL (bad) Cholesterol		
For Colon / Rectal Health		
Stool Blood Test		
Colonoscopy		
For Depression / Mental Health Screening		
To Screen for Diabetes		
Blood Glucose Test		
Triglycerides		
Weight		
Body Mass Index		
For Prostate Health		
DRE (digital rectal exam)		
PSA Blood Test		
To Detect STDs		
HIV Infection		
Abdominal Aortic Aneurysm Screening (one-time test for men who have ever smoked)		
Other Tests		
Dental Checkup		
Vision Exam		