

What is Your Ear-Q?

Just like measuring an I.Q. (Intelligence Quotient), you can also learn about your Ear-Q. How well do you rate as a listener? Do the key people in your life listen well? Review each question below and fill in your responses. People frequently overrate themselves as listeners. You may also find your listening skills are sharper with certain people, such as bosses or best friends.

1. On a scale of 1 - 100, how would you rate yourself as a listener?

What listening characteristics do you have that made you decide on the above rating?

1. _____
2. _____
3. _____

2. On a scale of 1 - 100, how would these people rate you as a listener?

Supervisor _____

Siblings _____

Co-worker _____

Spouse _____

Employee _____

Children _____

Parents _____

Best friend _____

3. Name a person who is a good listener. _____

What makes this person a good listener?

1. _____
2. _____
3. _____